



Class Schedule May 2023

Yoga Tree
110 S 7th Street
Hotchkiss, CO
970-872-3377
www.hotchkissyogatree.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		7-8 AM Mixed Levels w/ Elise		7-8 AM Mixed Levels w/ Nancy		
9-10 AM Mixed Levels w/ Elise	9-10 AM Vinyasa Flow I Chrissy	8:30-10 AM Level II w/ Nancy	9-10 AM Level I w/ Katy	8:30-10 AM Level II w/ Nancy	9-10 AM Level I w/ Katy	10:30-11:30 Vinyasa Flow w/ Chrissy
	10:30AM-Noon Gentle w/ Joanne	10:30-11:30AM Gentle w/ Nancy	10:30-Noon Gentle w/ Joanne	10:30-11:30AM Gentle w/ Nancy		
			4:30-5:30PM Therapeutic Yoga w/ Katy	4:30-5:30PM Mixed Levels w/ Nancy		